

Osher Lifelong Learning Institute at Bradley University

EXPLORE | CONNECT | LEARN

OLLI

WINTER 2025



WINTER REGISTRATION BEGINS NOVEMBER 6



OLLI

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COMING SOON

The Continuing Education staff and OLLI Executive Committee has listened to your suggestions to improve our quarterly registration process. In Summer 2025, we will implement a new “no hurry, no worry” format that will give members a full week to choose and prioritize their desired programs. After that one-week prioritization period, the system will generate a lottery-style roster for all programs that have more requests than availability. Watch for more details in 2025!



OLLI in the Evening

If you don't have time for OLLI during the day, check out our evening offerings!


Mix & Mingle, p. 10
Mah Jongg, p. 11

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KEY ONLINE REGISTRATION DATES

Winter 2025 Registration begins:
Wednesday, November 6

Spring 2025 Registration begins:
Thursday, February 6 

Quarterly catalogs are mailed prior to each registration and are also available online approximately two weeks before each registration period begins.

Winter 2025, Issue No. 115. The OLLI catalog is published four times annually in January, May, July, and October by the Division of Continuing Education at Bradley University, 1501 W. Bradley Avenue, Peoria, IL 61625.

SAVE THE DATE

Your Guide to OLLI at Bradley

We invite you to become part of the OLLI at Bradley lifelong learning community.

Who Are OLLI Members?

We are 1,000+ people in the Peoria area and beyond who enjoy OLLI programming geared toward age 50+, but everyone is welcome ... whether you're a Bradley alum or not.

What is OLLI?

The Osher Lifelong Learning Institute (OLLI) is a program of Bradley University's Division of Continuing Education and Professional Development, and is strongly supported by Bradley as a standard of excellence in lifelong learning. OLLI is an endowed program of the Bernard Osher Foundation which seeks to improve the quality of life through its support of education and the arts.

OLLI offers many options to explore, connect, and learn:

Classes meet at Bradley University on Wednesdays in April and October, and Zoom classes are also available in January and February. Classes cover a wide range of topics including science, technology, arts, literature, environment, history, social/political issues, philosophy, community awareness, and more.

Originals are exclusive talks from the community and beyond. These compelling programs highlight a variety of people, places, and issues.

Study Groups meet off-campus at locations around the area, offer an array of new choices each quarter, and are a great opportunity to investigate topics in a small group setting.

Learning Trips offer behind-the-scenes looks at places and spaces in the Peoria area.

OLLI Online programs are run via Zoom and offer many unique presentations.

Traveling Braves lets our members explore the world. From Italy and Iceland to Croatia and the Grand Canyon, we are ready to go.

HOW TO



WITH OLLI

Phone:	(309) 677-3900
Location:	Corner of Main and University
Mailing address:	1501 W Bradley Ave Peoria, IL 61625
Email address:	olli@bradley.edu
Website:	bradley.edu/olli

HOW TO BECOME AN OLLI MEMBER

It's easy to become an OLLI member! Quarterly membership is only \$5 and you then have access to register for any of our programs that season. All programs are a la carte, meaning that you only pay for what you register. You may go online at bradley.edu/olli to set up your account, pay your membership, register for programs, or call the office and we'll take it from there.

FREE MEMBER PERKS

1. Spotlight on Local Business, page 9
2. Zoom Training, page 22



NEW MEMBER ORIENTATION

Thursday, January 9
12:00 - 1:30 p.m.

Peoria Next | 801 W Main, Peoria

Please RSVP to olli@bradley.edu
or call (309) 677-3900

Winter Seminar 2025



Thursday, January 16, 2025 • 9:00 a.m. - 12:00 p.m.
Bradley University, Michel Student Center Ballroom

Join us for OLLI's Winter Seminar, our in-person winter program that features two lectures and an opportunity to gather as a community in the new year.

\$20 - includes both seminars, coffee, and treats. Parking is free and available anywhere on campus while students are on winter break.

9:00 – 10:30 a.m. | Scams and Cyber Security: Operation Boomerang

Dave Johnson is a managing partner at Pearl Technology and has been in the IT field for 40 years. He'll present Operation Boomerang, geared toward protecting seniors from cybercrime. He'll cover scams, cybersecurity issues, and practical tips to stay safe. If his name sounds familiar, you may recognize him for his cybersecurity segment every Monday on WMBD's Greg and Dan show.

10:30 – 11:00 a.m. Coffee and Scones Break

11:00 a.m. – 12:00 p.m.

Introduction to Palestinian Christianity

Christians have inhabited the Holy Land since the beginnings of the faith. Dr. Jason Zaborowski of the Department of Philosophy & Religious Studies at Bradley University will acquaint you with modern Christian Palestinian thinkers, giving attention to how they understand their own heritage of dwelling in the lands where Jesus walked while, for centuries, living as minorities within Muslim and Israeli societies. This seminar will address many questions about Palestinian Christians, such as: how do they relate to Muslims and Jews, how do they interpret Scriptures, how do they understand their unique connection to Christian holy sites, what are their denominations, and how do they relate to Western Christians.



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WINTER SEMINAR

5

For Winter 2025, OLLI classes will be presented via Zoom in both January and February. With our “a la carte” options, you can also choose how many to take each Wednesday: one, two, three, or all four classes.

JANUARY ONLINE CLASSES

Three Sessions

Wednesdays, January 8, 15, and 22, 2025

● 9:00 – 10:00 a.m.

1. Integrative Health & Wellness Series

This class will focus on topics related to integrative health and wellness.

January 8: The A to Zzz’s of Sleep Health

January 15: Debunking Myths About Dietary Supplements

January 22: Memory Health: Even Elephants Forget Sometimes

\$15 – Class instructor is Cathy Rosenbaum, Holistic Clinical Pharmacist, Certified Fitness Nutrition Coach, Certified Health Coach.

2. What Was Here Before?

Most of us are likely to recall what used to sit at the “junction” of Prospect Road and North Knoxville Avenue (Hint: “You could enjoy a meal sitting inside a magic carpet made of steel”), but how many former factories, distilleries, and businesses can you place at their original location around the Peoria area? We’ll take a journey back in time to explore our rich history of manufacturing in areas such as Averyville and East Peoria. We’ll discuss retail businesses, including those once found within walking distance of Bradley’s campus, and the various neighborhoods and establishments displaced by the construction of Interstate 74 through the area. Perhaps you will have a fond memory of a certain place to share with the class! \$15 – Class instructor is Randy Couri, retired electrician, past president and current historian of the ITOO Society and past president and current treasurer of the Peoria County Genealogy Society.

● 11:00 a.m. – 12:00 p.m.

3. Global Warming: How Does It Work?

Why does carbon dioxide in the atmosphere heat, not cool, the Earth? How is the atmosphere opaque for some infrared wavelengths? Would reducing emissions now have much effect on Earth’s temperature? Let’s see what we can calculate without being climate scientists. Join us for a technical dive into the mathematics and science of global warming from an unbiased perspective. \$15 – Class instructor is Walter Urbaniak, a retired computer networking engineer with a personal interest in physics and a frequent OLLI instructor on various topics within that discipline.

4. Nationalism vs Globalism Version 2025

American politics is rife with debates about how involved the United States should be with other countries in the world. This class will explore two perspectives, including a discussion of definitions of terms, the benefits of each perspective, and the costs of each perspective. \$15 – Class instructors are Jim Foley, Director of the Turner Center for Entrepreneurship and the Illinois SBDC International Trade Center at Bradley and Angela Weck, affiliate instructor and Global Education Coordinator, Bradley University.

● 1:00 – 2:00 p.m.

5. Community Gardens, Growing Vegetables, Flowers, and Community

January 8: Andy Diaz, Community Advocate for the North Valley, will share how he started Urban Acres in 2018, a small business focused on building up the community through urban agriculture, small business development, and commercial reinvestment. Through a partnership with St. Paul’s Episcopal church, he recently launched Springboard Kitchen, a commissary space for rent, to foster the growth of food entrepreneurs in the Peoria community.

January 15: Lee Maki, experienced University of Illinois Extension Master Gardener and Master Naturalist will discuss how the availability of healthy fresh produce is a challenge for communities

You’ll Love
Trip #3

and how the Washington Food Pantry Garden volunteers have joined in site preparation, planting, weeding, and harvesting of fresh vegetables for local food pantries to help feed the hungry. This session will explore challenges faced, lessons learned, and cooperation with community partners.

January 22: Ryan Foster, President of Pelia Academy / Budded Mattah Urban Agriculture. Foster will provide an overview of the unique urban agriculture operation on the south side of Peoria and discuss how urban agriculture with a capitalistic focus can be a vehicle to self-sustainability and the alleviation of poverty.
\$15 – Various class instructors as listed above.

6. Dissecting the 2024 Presidential and Congressional Election Results

This class will look closely at the 2024 Presidential election results and the makeup of the new House of Representatives and the new U.S. Senate. What will it mean for Central Illinois and America? We will also discuss how we can have civil discourse moving forward and try to lessen the deep political division in our country. Robust, respectful dialogue and discussion is expected. Listening open-mindedly to other viewpoints is required.
\$15 – Class instructor is Brad McMillan, Executive Director, Institute for Principled Leadership in Public Service, at Bradley University.

You'll Love
Study Group
#6

● 3:00 – 4:00 p.m. _____

7. Albert Einstein – His Life and Theories (for Dummies)

Nearly everyone has heard of Albert Einstein. But do you know his fascinating life story, and do you understand his key contributions to world history and science? Join Herb Kasube, Associate Professor of Mathematics Emeritus of Bradley University to learn more about the life of Albert Einstein. While minimizing mathematical formulas, Dr. Kasube will explore the history of Einstein from his early life, including the key influential people he engaged with and the revolutionary theories he developed, to his worldwide recognition for transforming our concept of the physical world and for changing the course of science.

\$15 – Class instructor is Herb Kasube, Associate Professor of Mathematics Emeritus, Bradley University.

8. Look What I Wrote!

This class showcases authors in a wide range of genres, all of whom are enthused to share their works with OLLI. Each week, we'll learn about their work, their writing journeys, and the charms and challenges of being a published author.

January 8: Steven Snook *Extraordinary Solitude: Prison, Razor Blades, & Jesus*

January 15: Ken Zurski *Unremembered, Book 2: Actors, Artists Entertainers & Influencers*

January 22: James Klise
I'll Take Everything You Have

\$15 – Various class instructors as listed above.

FEBRUARY ONLINE CLASSES

Four Sessions

Wednesdays, February 5, 12, 19, and 26, 2025

● 9:00 – 10:00 a.m. _____

1. Margaret Sanger, Rebel Woman

Meet Margaret Sanger, birth control pioneer, free speech advocate, author, and eugenicist. In the early 1900s when birth control was taboo, she urged women to reject their destiny of large families, poor health, and early death. This class will cover her early life and work and her challenge to the Comstock Act, which prohibited distributing birth control information through the mail. We'll also discuss her involvement in the eugenics movement, which tarnished her reputation as a game-changer for good.
\$20 – Class instructor is Becky Sisk, Ph.D.

2. Nature in Your Home Landscape

In this class, we'll learn both the benefits and the devastating results of having either the good worms or the bad worms wriggling under your soil. What can one invading insect, or plant, or animal do to the natural world around us? Learn about some of the new invaders and some that have been in Illinois for decades and how they arrived here. We'll cover some of the history of these "invaders," their impact, and what we can do to control them. We'll also discuss the importance of pollinators' values to native plants and how to take steps to replace parts of lawn turf with native prairie plants.

\$20 – Class instructors are May Bach, Paul Resnick, and Lee Maki, all University of Illinois Extension Master Gardener/Master Naturalists.

● **11:00 a.m. – 12:00 p.m.** _____

3. The Early Universe

Ever wonder how the universe evolved after the Big Bang? In this class, we will learn about the first million years of the universe, the first five minutes, the first second, and the first trillionth of a second. Each step backward is more exotic and unfamiliar. We will learn about the Cosmic Microwave Background, the Dark Ages, Big Bang Nucleosynthesis, Baryogenesis, and Cosmic Inflation. Last year's course on "Expansion of the Universe" is useful and is available on YouTube, but not a prerequisite.

\$20 – Class instructor is Walter Urbaniak, a retired computer networking engineer with a personal interest in physics and a frequent OLLI instructor on various topics within that discipline.

4. Medicare - New and Improved & How Will It Work For You?

Join returning presenter, Teresa Hagen, who will help prepare you with Medicare basics, upcoming changes, and more. This class will discuss what's new in 2025, important Medicare enrollment rules, including when to enroll, how to enroll, and why (or why not) to enroll with Medicare. We'll define the Medicare alphabet with acronyms ... AEP, OEP, SEP, PDP, PARTS A, B, C, & D and/or PLANS F, G, N and beyond! Join us to listen, learn, or, perhaps, review important updates.

\$20 – Class instructor is Teresa Hagen, licensed independent insurance broker, specializing in individual health insurance and all things Medicare.

● **1:00 – 2:00 p.m.** _____

5. Beyond the Beads: Magical Mystery of Today's Mardi Gras

Over 1.5 million people visit New Orleans for Mardi Gras. This diverse city with an eclectic mix of cultures hosts a multicultural celebration with costumes, crafting, king cake, community events, music, art, house decorations and parades (neighborhood, walking, and gigantic "super Krewe" parades). The 2025 season will start January 6 and last for two months. Judy Helm will Zoom from her New Orleans home (also the den for Krewe de Jeanne d'Arc) during February. You will learn about the history and evolution of Mardi Gras and vicariously experience Mardi Gras through photos, videos, and interviews. King Cake recipe included!

\$20 – Class Instructor is Judy Harris Helm, author, former professor, and frequent OLLI instructor.

6. Uncovering More of Pop Culture's Philosophies

Behind, within, and beneath popular culture lies a slew of philosophical concepts and assumptions that are played out on screen. These philosophies lie hidden and often go unnamed until someone with a philosophical background brings them forth. Learn what these philosophies are and how they have shaped the generations of today and the culture of the nation and the world.

\$20 – The class instructor is Bill Dohle who has taught numerous OLLI study groups and classes. He is currently a pastor at King of Kings Lutheran Church in Pueblo, Colorado, and is an adjunct professor in the religion and philosophy department at Colorado State University Pueblo.

● **3:00 – 4:00 p.m.** _____

7. Critical Economics Topics for 2025

A knowledge of economics helps us to better understand the world around us, including people, business, markets, and government. In this class, you will grow your economic literacy and improve your ability to comprehend critical economic issues for 2025. Jon Haveman, Executive Director of the National Economic Education Delegation, and his colleagues will present a U.S. Economic Update and then provide their economist perspectives on trade and globalization, the economics of taxes, and federal debt.

\$20 – Class instructor is Jon Haveman, Ph.D., Executive Director of the National Economic Education Delegation.

8. Math in the Movies and on TV

Mathematics appears everywhere – and, yes, it can be fun and funny. In this class, we'll explore how math shows up in everyday life, movies, and television, with entertaining examples that highlight its relevance and humor. You will see movie and television clips illustrating this. Through engaging clips, we'll discover quirky math moments, such as the scarecrow in *The Wizard of Oz* famously getting his formula wrong. Whether you're a math enthusiast or someone who's always been a bit wary, this class will reveal the lighter side of numbers and equations.

\$20 – Class instructor is Mary Jane Sterling, Math Instructor Emerita, Bradley University.

OLLI Originals are exclusive talks with local leaders and businesses from the community and beyond.

1. OLLI at the Movies: *In the Shadow of the Stars*
Friday, January 31

10:30 a.m. – 12:30 p.m.

Peoria Riverfront Museum

Continuing Education's very own Dan Stanley, former opera singer with the San Francisco Opera, will share his insights on *In the Shadow of the Stars*. Winner of the 1991 Academy Award for Best Documentary Feature, this film is a hilarious and affectionate look at the path to stardom inside the competitive world of opera. Dan was with the Opera during the last season they filmed this inspiring documentary that presents an inside look at the San Francisco Opera Chorus members' lives as they balance artistry with the personal sacrifices required to be part of such a prestigious ensemble. \$5 – includes moderated discussion prior to the start of the film screening. Transportation not provided – meet us there!

2. Peoria Chautauqua Literary and Scientific Circle

Friday, February 7

9:00 – 10:30 a.m.

**Peoria Women's Club,
301 NE Madison Ave., Peoria**

In collaboration with the Peoria Women's Club, OLLI invites you to join the Peoria Chautauqua Literary and Scientific Circle, which is considered the oldest continuous book club in the United



OLLI members dive into the rich history and art of tamale-making during the OLLI Original event.



OLLI members Marguerite Ross and Rhonda Dameron are ready for an adventure on the water!

States. Lynette Steger, professional educator, content strategist, and Peoria Women's Club board member, will moderate.

Friday, February 7: *The Heartbeat of Wounded Knee: Native America from 1890 to Present* by David Treuer

\$10 – per person includes the discussion, snacks, and coffee. Transportation not provided – meet us there!

3. Spotlight on Local Businesses

Monday, February 10

1:00 – 2:30 p.m.

Peoria Next Innovation Center

There are amazing stories of successful businesses in the Peoria area. Join us to hear the story of two of these businesses. Foster Jacob is the largest electrical contractor in Central Illinois. Emily Jacob-Rudesill, the fourth generation of the Jacob family to run the business, will talk about the rich history of the business. The second business, Bard Optical, was founded by Diana Hall and today her son, Mick, is president. Bard Optical started as a single store and today is one of the largest optical companies in the United States with operations throughout Central Illinois. Mick Hall will tell the story of how his mother started the company and how it has grown.

FREE – includes presentation and snacks.

Transportation not provided – meet us there!



OLLI hikers pause to enjoy the beauty of nature during their trek to Tawny Oaks Field Station.

4. Startup Pitch Day:

What's Incubating in Peoria?

Friday, February 21

9:00 – 11:00 a.m.

Peoria Next Innovation Center

Peoria's startup community is seeking your help. As part of every startup's journey, the founders need to pitch (present) their idea to investors. Come hear about some of the great ideas incubating in Peoria. We will also create a judges panel of a few participants from the audience who are willing to provide honest feedback. We're seeking some "sharks" for our own OLLI shark tank! \$15 – per person includes presentation and snacks. Transportation not provided – meet us there! Free parking is available in the lot behind the building.

5. OLLI at the Movies: *Shakespeare in Love*

Friday, February 28

10:30 a.m. – 1:00 p.m.

Peoria Riverfront Museum

Winner of the Academy of Awards for Best Picture, *Shakespeare in Love* is a romantic comedy for the 1990s set in the 1590s. It imaginatively unfolds the witty, sexy, and timeless tale behind the creation of the greatest love story ever told. A young Shakespeare (Joseph Fiennes) is out of cash and ideas when he meets his ideal woman and she inspires him to write one of his most famous plays. Our resident film buff, Gary Nelson, will share his remarks on this Oscar winner prior to viewing the film. \$5 – includes moderated discussion prior to the start of the film screening. Transportation not provided – meet us there!

OLLI MIX & Mingle

The OLLI Mix & Mingle is a great way to meet new people in a casual environment.

Participants will purchase their own drinks and snacks. Each event will be hosted by OLLI volunteers and a Bradley staffer. We have reserved a few tables at area restaurants so we can mix and mingle OLLI-style. Registration is required, but if you'd like to bring a friend who is new to OLLI, just call the office and let us know so we can add them to the count.

These events are considered "on your own" and give current OLLI members and those that may be interested in learning more about OLLI the chance to get together, socialize, and exchange ideas and tips on all things OLLI and beyond.

1. Mix & Mingle

Tuesday, February 11, 4:00 p.m.

Johnny's Italian Steakhouse

101 Holiday Inn Street, East Peoria

Free – please register to enable an accurate count. Meet us there!

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Study Groups

Study Groups In-Person

Study Groups offer an opportunity to investigate a topic in depth. Most study groups typically meet once a week for four to six weeks.

Please note the abbreviations at the end of the description:

RF= returning facilitator RG = repeat group

NF= new facilitator NG = new group.

Important! To participate in most study groups, it is necessary to have an active email account and internet access.

1. Discovering International Cinema

Mondays, January 6 – January 27

1:15 – 3:00 p.m.

Goodwill Commons

January 6: Deb Clay, *The Taste of Things* (French)

January 13: Catherine Lawless, *Rashomon* (Japanese)

January 20: Denise Hocker, *Miss Granny* (South Korean)

January 27: Ron Weitzel, *The Lives of Others* (German)

Enjoy watching from home, then discussing, four international films. Each will require reading subtitles and will be available to stream for low or no cost. Participants may be invited to contribute to the group with assigned small research topics such as the biography of an actor/actress or comparing various movie reviews.

\$45 – Facilitators listed above. (NG/N&RFs)

2. Bridge I

Mondays, January 6 – February 24

1:30 – 3:45 p.m.

Peoria Next Innovation Center

Bridge is an excellent way to stimulate your mind, enjoy a social environment, and learn to play a fun game. This group will follow the American Contract Bridge League's foundational curriculum of hand evaluation, bidding, and card play. Beginners will learn the basics of the game and get ready to play with friends and relatives. We will play hands during each session. The text, *Bidding in the 21st Century*, will be provided free of charge. We will cover opening, bids, responses, competitive bids, play of the hand concepts, and defensive strategies.

\$45 – facilitated by Chuck Young, American Contract Bridge League certified teacher, and Michael Bohn, Bridge enthusiast and talented player. (RF/RG)

3. Have You Read This? Books Worth Reading Tuesdays, January 7 – March 4, (every other week) 10:00 a.m. – 12:00 p.m.

Peoria Next Innovation Center

Books worth reading plus experienced facilitators – all we need is you! Please join us in beginning the new year reading and discussing a quintet of acclaimed novels spanning nearly 200 years. This study group will meet every two weeks so that you will have time to read each of the featured novels before we discuss them together.

January 7: *O Pioneers!* by Willa Cather – Roberta Koscielski

January 21: *Gilead* by Marilynne Robinson – Nancy Varness

February 4: *Jane Eyre* by Charlotte Bronte – Jane Hense

February 18: *Frankenstein* (1818 text edition) by Mary Shelley – Paul Resnick

March 4: *Do Androids Dream of Electric Sheep?* by Philip K. Dick – Roger French

\$45 – Facilitators as listed above. (RF/NG)

4. Mah Jongg for Novices

Tuesdays, January 7 – February 11

4:30 – 6:30 p.m.

Peoria Next Innovation Center

American Mah Jongg is a fascinating game of skill and chance, with a little luck rolled in. We will start with the basics of the game – identifying the #26 tiles, understanding the rules, reading the card – and move on to actual game play with plenty of oversight and support. This course is for the beginner starting from scratch. The goal will be to have you tossing tiles with the best of them by the end of the group. Join Dan Stanley, a 20-year Mah Jongg enthusiast who has taught many opera singers to play while waiting for their call to the stage (but you don't have to be able to sing to learn to play).

\$45 – Facilitated by Dan Stanley, OLLI at Bradley staff member and Mah Jongg enthusiast, and Gail Gordon, retired teacher and Peoria Mah Jongg Maven" (RF/RG)

5. The Golden Age of Islamic Science

Thursdays, January 9 – 30

2:00 – 3:30 p.m.

Peoria Next Innovation Center

The Golden Age of Islamic Science was a historical period from the 8th to the 13th century. It was a time of innovation, learning, tolerance, high culture, and inquiry into the natural world. Scholars undertook a great translation movement, collecting, translating, and extending the works of classical civilizations. What is not as widely recognized in the West is the high degree of original scholarship and scientific achievements of Islamic natural philosophers and inventors. The height of global scientific inquiry during the medieval era was the House of Wisdom, a.k.a. the Great Library at Baghdad. Class participants should obtain and read *The House of Wisdom*, by Dr. Jim al-Khalili, a British-Iraqi theoretical physicist and broadcaster.

\$45 – Facilitated by Kathryn Eissfeldt, a freelance science writer with an academic background in the history of science. (RF/NG)

You'll Love
the Winter
Seminar

6. A New Look at Citizenship

Fridays, January 10 – 31

9:30 – 11:45 a.m.

Goodwill Commons

Everyone knows about the Bill of Rights in the US Constitution, but what are your obligations as a citizen of this country? Using Richard Haass's book, *The Bill of Obligations: The Ten Habits of Good Citizens*, we will explore this topic in depth. Do we, as citizens, owe anything to our country? If so, what? Have our duties changed over time? Are some more important than others? Are there obligations Haass has not identified? Should some of these obligations be implemented? If so, how? Join us for a lively discussion of what it means to be a citizen of the United States. Registrants should purchase or borrow Haass's book, available at local and online retailers and libraries.

\$45 – Facilitated by Roberta Parks, retired fundraiser and Chamber executive, and Gary Nelson, retired attorney and frequent OLLI facilitator. (RFs/RG)

You'll Love
February
Class #6

7. Dynamic Forces 101 – The Reading of the Rocks

Tuesdays, January 14 – February 18

10 a.m. – 12:00 p.m.

Peoria Next Innovation Center

Learn the basics of practical geology that will allow you to envision the past, understand geological evolution, and grasp the amazing processes that resulted in the rocks and landscape around you. We will learn how the titanic forces and earth-shattering events – earthquakes, volcanic eruptions, glaciations, floods, the collisions of continents, and the disappearance of seas – have left their mark on these incredible landscapes. We will use the drama and sublime beauty of the natural wonders preserved in America's national parks to better understand our geology. Required for this course: computer with internet access to view lectures (1 hour) and do research for one presentation as part of a subgroup. Please plan to purchase or borrow the book *Geology for Kids* by Meghan Vestal, available at local and on-line retailers and libraries, which will be used as a reference to vocabulary terms and Earth's unique geological features.

\$45 – Facilitated by Patricia Melaik, University of Illinois Extension Master Gardener and Master Naturalist and Bob Yonker, retired Caterpillar engineer, will facilitate via Zoom. (NG/RFs)

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The Traveling Braves soak in the breathtaking Alaskan landscapes.

8. Lifestyle Lessons from The Blue Zones
Thursdays, February 6 – 27
10:30 a.m. – 12:00 p.m.

Peoria Next Innovation Center

Together we'll explore lifestyle factors that contribute to longevity, such as diet, exercise, and community engagement. Participants will be expected to obtain and read *The Blue Zones Secrets for Living Longer: Lessons From the Healthiest Places on Earth*, which features lessons learned from areas around the world, top longevity foods, and the behaviors to help you live to 100. We'll also discuss the new research regarding the data - is it flawed or misinterpreted? Participants will be asked to research a topic related to our discussion. Together we'll take a look at how we can use the idea of the Blue Zones as a source of inspiration to live a healthier life.

\$45 – Facilitated by Jeanne Perino, Neonatal advanced practice nurse and owner of Downtown Yoga. (RG/RF)

9. Mindful Movement:
Yoga, Tai Chi, and Meditation
Thursdays, February 6 – 27
2:00 – 3:30 p.m.

Markin Center Recreation Center,
Bradley University

Explore the foundations of three ancient practices- yoga, tai chi, and meditation. This group offers a comprehensive introduction to holistic well-being. We'll discover Tai Chi and Qigong a practice characterized by slow, mindful movements. We'll discover Taiji and Quigong, a practice rooted in slow, energy-gentle movements. We'll also have a session devoted to meditation, where we'll experience a sound bath of tones and vibrations tuned to resonate with specific chakras, along with techniques to quiet the mind. Whether you're a beginner or looking to deepen your practice, these sessions will help you feel centered, balanced, and refreshed. Participants should come dressed for movement and will be expected to stand, sit, and lie on mats during the sessions, which will be held in the second level exercise room at Markin Recreation facility on Bradley's campus.

\$45 – Facilitated by local teachers: Paul Resnick, yoga instructor Peoria Park District - Riverplex and ICC, RYT 200; Mary Sue Baker, yoga instructor Peoria Park District - River Plex, RYT 250 hours; Keith Boswell, co-founder Taiji Association of Peoria with 40 plus years of experience; eleste Green, Certified Practitioner of Sound and Vibrational Therapies at Soulside Healing Arts and owner of Celestial Connections LLC. (NG/NFs)



Monday	Tuesday	Wednesday	Thursday	Friday
		1 HAPPY NEW YEAR	2	3
6 Zoom Training , 12p SG#1, International Cinema , 1:15-3p SG#2, Bridge I , 1:30-3:45p	7 Learning Trip Committee , 9:00a SG#3, Read This? , 10a-12p SG#4, Mah Jongg , 4:30-6:30p	8 January Online Classes Day 1	9 New Member Orientation , 12-1:30p SG#5, Islamic Science , 2-3:30p	10 SG#6, Citizenship , 9:30-11:45a Traveling Braves, Costa Rica
13 OO#1, Belle Epoque , 12-1p SG#1, International Cinema , 1:15-3p SG#2, Bridge I , 1:30-3:45p Traveling Braves, Costa Rica	14 SG#7, Dynamic Forces , 10a-12p Trip#3, Sophia's Kitchen , 11a-3:30p SG#4, Mah Jongg , 4:30-6:30p Traveling Braves, Costa Rica	15 January Online Classes Day 2	16 Winter Seminar , 9-11:30a SG#5, Islamic Science , 2-3:30p Traveling Braves, Costa Rica	17 SG#6, Citizenship , 9:30-11:45a Traveling Braves, Costa Rica
20 SG#1, International Cinema , 1:15-3p SG#2, Bridge I , 1:30-3:45p	21 SG#3, Read This? , 10a-12p SG#7, Dynamic Forces , 10a-12p SG#4, Mah Jongg , 4:30-6:30p	22 January Online Classes Day 3	23 Trip#4, Easterseals , 8:45a-1:30p SG#5, Islamic Science , 2-3:30p	24 Trip#5, WTVP , 8:45a-1:30p SG#6, Citizenship , 9:30-11:45a
27 SG#1, International Cinema , 1:15-3p SG#2, Bridge I , 1:30-3:45p	28 Trip#11, Graphics , 11a-3:30p SG#7, Dynamic Forces , 10a-12p SG#4, Mah Jongg , 4:30-6:30p	29 Trip#6, Heading Ave Franciscan , 8:45a-1:30p	30 Trip#1, Kitty Cafe , 9:45-3:30p Study Group Committee , 12:00p SG#5, Islamic Science , 2-3:30p	31 SG#6, Citizenship , 9:30-11:45a OO#1, In the Shadow of the Stars , 10:30a-12:30p

Monday	Tuesday	Wednesday	Thursday	Friday
3 Trip#7, Adv Med Transport, 8:45a- 1:30p OSG#1, Murder & Mayhem, 9:30-11a SG#2, Bridge I, 1:30-3:45p	4 SG#3, Read This?, 10a-12p SG#7, Dynamic Forces, 10a-12p SG#4, Mah Jongg, 4:30-6:30p	5 February Online Classes Day 1	6 Spring Registration Opens 8:30a SG#8, Blue Zones, 10:30a-12p SG#9, Mindful Movement, 2-3:30p	7 Trip#8 Courthouse 8:45a-2:00p OO#2, Chautauqua Literary Circle, 9-10:30a
10 OSG#1, Murder & Mayhem, 9:30-11a Info Meeting New Zealand 11:00a OO#4, Local Businesses 1-2:30p SG#2, Bridge I, 1:30-3:45p	11 Trip#12, Adv Tech Svcs, 8:45a-1:30p SG#7, Dynamic Forces, 10a-12p MM#1, Johnny's Steakhouse, 4p SG#4, Mah Jongg, 4:30-6:30p	12 February Online Classes Day 2	13 Trip#13, Maui Jim, 8:45a-1:30p SG#8, Blue Zones, 10:30a-12p SG#9, Mindful Movement, 2-3:30p	14
17 OSG#1, Murder & Mayhem, 9:30-11a SG#2, Bridge I, 1:30-3:45p	18 Trip#14, NFW, 8:45a-1:30p SG#3, Read This?, 10a-12p SG#7, Dynamic Forces, 10a-12p	19 February Online Classes Day 3	20 SG#8, Blue Zones, 10:30a-12p Study Group Committee 12:00p SG#9, Mindful Movement, 2-3:30p	21 Trip#9, Peoria Int'l Airport, 8:45a-2p OO#4, Startup Pitch Day, 9-11a
24 OSG#1, Murder & Mayhem, 9:30-11a SG#2, Bridge I, 1:30-3:45p	25 Trip#2, Hindu Temple, 10:45a-3:30p	26 February Online Classes Day 4	27 Trip#10, Snyder Village, 8:30a-2p SG#8, Blue Zones, 10:30a-12p SG#9, Mindful Movement, 2-3:30p	28 OO#5, Shakespeare in Love, 10:30a-12:30p
MARCH 4 SG#3, Read This?, 10a-12p				



Call (309) 857-7006 or scan the QR code to schedule lunch and a tour today!



IT'S GOING TO BE A GOOD DAY IN PEORIA

Mornings open with a kind greeting from our team members and a breakfast prepared by our chef. All part of Elevate® dining, which takes every meal to a new level. The day continues with social outings and fun events planned through our Vibrant Life® program. Each day finishes with a resident-favorite dinner shared by a community of friends and neighbors eager to continue writing their life's story. With both Assisted Living and Memory Care options, you'll enjoy it all with customized care if or when you need it. At Heartis Peoria, live the life you've always imagined.

8201 N. IL Route 91 | Peoria, IL 61615 | HeartisPeoria.com

Assisted Living | Memory Care

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SENIORS. LIVING.®



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FACILITY ID 5105595

Learning Trips

Learning trips are educational travel experiences that enable you to interact with experts who offer behind-the-scenes looks at area businesses, regional attractions, and multi-day domestic/international destinations.

A detailed itinerary will be emailed to you prior to the trip.

To make your trip even more enjoyable, please note:

- all learning trip times in this brochure are approximate and subject to change. Please refer to your itinerary email for specific departure, tour, and arrival times.
- All participants must wear closed-toed shoes on all trips to ensure safety and to respect our hosts' regulations.



PARKING

All trips depart from CampusTown Shopping Center, 1200 W. Main, near Bradley's campus. We reserve parking for participants on trip days between the entrance of CampusTown and the Shell gas station.

ACTIVITY LEVELS

Before you register, make sure the activity level matches your abilities. This will ensure an enjoyable trip for you and those who travel with you.



Activity Level 1

All trips listed in this section require participants to enter/exit shuttle with minimal assistance, climb some stairs, and walk a few blocks indoors or out.

1. River Kitty Cafe and Peoria County Animal Protection Services (PCAPS)

Thursday, January 30
9:45 a.m. – 3:30 p.m.

Spend a heartwarming day exploring the love and care that our community provides for our furry friends. Start your morning at the River Kitty Café, Peoria's first full-time cat cafe, where coffee, cats, and companionship combine in a cozy atmosphere. We will learn more about how

this cafe fosters cats and increases adoptions from Peoria County Animal Protection Services (PCAPS). In the afternoon, we will head to PCAPS for an exclusive behind-the-scenes tour of the animal shelter and animal control operations. Learn from the PCAPS Director about local animal control laws, day-to-day activities at the shelter, and how you can get involved in helping abandoned or neglected animals in our community. Please note that this trip will involve exposure to cats and other animals.

\$40 – includes guided tour, lunch at a local restaurant, gratuities, and shuttle transportation.

2. Hindu Temple of Central Illinois Tuesday, February 25

10:45 a.m. – 3:30 p.m.

The Hindu Temple of Central Illinois is Peoria's place of worship for the Hindu faith. Founded in 1994, the Temple serves over 1,000 families with weekly activities and serves as the religious, cultural, and philosophical hub of the Hindu community. During our visit to the facility located atop the Temple Creek Road hill, we will enjoy a short tour of the Temple, listen to a presentation about the beliefs and practices of the Hindu religion, learn about the Sanctum (the shrine inside the Temple), and watch as priests perform a short Pooja (prayer ritual).

\$35 – includes guided tour, lunch at a local restaurant, gratuities, and shuttle transportation.

Activity Level 2

All of Level 1 requirements plus be able to stand for over an hour, climb some flights of stairs, and walk on uneven surfaces.

3. Sophia's Kitchen and St. Joseph's Church Tuesday, January 14

11:00 a.m. – 3:30 p.m.

Sophia's Kitchen feeds 500 people each day. Join OLLI as we visit this kitchen, staffed by a dedicated group of volunteers who make hundreds of peanut butter and jelly sandwiches daily! We'll find out where they get their food donations and how they serve Peoria's homeless, unemployed, and underemployed. Under the direction of the Catholic diocese, Sophia's Kitchen is located next to historic St. Joseph's Church.

You'll Love
January
Class #3

After our visit with Sophia's Kitchen, we'll visit the next-door St. Joseph's Church, a house of worship built in 1870 that features an 1896 Lancashire Marshall organ.

\$35 – includes guided tour, lunch at Saffron Social, and shuttle transportation.

4. Easterseals Central Illinois ◆◆◆◆

Thursday, January 23

8:45 a.m. – 1:30 p.m.

For 100 years, Easterseals Central Illinois has helped children with developmental delays and disabilities reach their full potential. Through its dedicated team of physicians, therapists, and staff, Easterseals offers services from six locations, including pediatric specialty service centers in Peoria and Bloomington, Easterseals Learning Academy in Germantown Hills, Timber Pointe Outdoor Center on Lake Bloomington, and two Children and Family Connection Centers. Join OLLI as we learn about the Easterseals mission, the range of services it provides, and the amazing goals and milestones that are realized each day through its Peoria and Bloomington centers.

\$35 – includes guided tour, lunch at local restaurant, and shuttle transportation.

5. WTVP PBS ◆◆◆◆

Friday, January 24

8:45 a.m. – 1:30 p.m.

Experience a behind-the-scenes look at Peoria's local public television station as we take a private tour of WTVP's downtown studio. We'll learn how the studio was designed by world-renowned studio creators Rees & Associates, how it was engineered to be soundproof and rock-solid against any vibration, and how it features a state-of-the-art lighting system constructed by Grand Stage of Chicago. Participants will also step onto the stage where local programs such as *At Issue* with Mark Welp and *Consider This* with Christine Zak-Edmonds are produced. President and CEO, Jenn Gordon, will also be on hand to answer all your questions and share more about the exciting work WTVP PBS is doing daily to educate, inspire, and connect our community here in Central Illinois.

\$35 – includes guided tour, lunch at a local restaurant, gratuities, and shuttle transportation.

6. Heading Avenue Franciscan Motherhouse



Wednesday, January 29

8:45 a.m. – 1:30 p.m.

On this trip, the Sisters of St. Francis of the Immaculate Conception will host OLLI members at the Heading Avenue Franciscan Motherhouse Convent. The order began in 1891 and served its members as teachers in the diocesan orphanage in Metamora. The motherhouse has been located on Heading Avenue in West Peoria since 1912. The Sisters, an evangelical religious congregation of the Roman Catholic Church, dedicate themselves to ministries of service, primarily in the dioceses of Peoria and Springfield, Illinois. Our visit will include a history of the community and a tour of parts of the 104-year-old building.

\$35 – includes guided tour, lunch at a local restaurant, gratuities, and shuttle transportation.

7. Advanced Medical Transport ◆◆◆◆

Monday, February 3

8:45 a.m. – 1:30 p.m.

Join us for a tour of Advanced Medical Transport (AMT), a private, not-for-profit company that serves the people of more than 60 communities throughout Central Illinois. During our visit, we will learn about the state-of-the-art equipment that dispatches the ambulances, get a close-up look inside an ambulance, and tour one of the most high-tech classrooms in the area. In addition, we will find out how AMT's nurses, paramedics, emergency medical technicians, and dispatchers provide medical services to fire protection districts, townships, municipalities, counties, hospitals, skilled nursing facilities, physicians' offices, and public events.

\$35 – includes guided tour, lunch at a local restaurant, gratuities, and shuttle transportation.

8. Peoria County Courthouse ◆◆◆◆

Friday, February 7

8:45 a.m. – 2:00 p.m.

Join us for a behind-the-scenes tour of the Peoria County Courthouse, led by Chief Circuit Judge Kate Gorman. This unique experience will offer an insider's look at the courthouse's rich history and the daily workings of the judicial system including the State Attorney's Office, Public Defender, and Circuit Clerk's Offices. Don't miss this chance to engage with one of Peoria's esteemed judges and gain a deeper understanding of our local legal processes.

\$35 – includes guided tour, lunch at a local restaurant, and shuttle transportation.

9. General Wayne A. Downing Peoria International Airport ◆◆◆◆

Friday, February 21

8:45 a.m. – 2:00 p.m.

Join Director Gene Olson for an exclusive, behind-the-scenes look at the General Wayne A. Downing Peoria International Airport. During our visit, we'll learn how the terminal is able to serve approximately 1 million people annually as we tour the ticket counters, inbound baggage facilities, passenger screening rooms, waiting areas, and jet bridges of this 125,000 square-foot facility. \$35 – includes guided tour, lunch at local restaurant, gratuities, and shuttle transportation.

10. Snyder Village ◆◆◆◆

Thursday, February 27

8:30 a.m. – 2:00 p.m.

We will get a behind-the-scenes look at this "life plan community" in Metamora that offers a continuum of care ranging from independent living to skilled nursing care. The 40+ acre campus includes retirement cottages and apartments, assisted living, assisted living memory care, home care, a health center, a multi-use banquet facility, and more. We will learn about the broad spectrum of care and services offered by well-trained staff at this peaceful retreat in Metamora.

\$35 – includes guided tour, lunch at local restaurant, gratuities, and shuttle transportation.

Activity Level 3 ◆◆◆◆

Be able to stand and walk for over 2 hours with minimal chance for sitting, plus all Level 1 and 2 requirements.

11. Muir Omni Graphics ◆◆◆◆

Tuesday, January 28

11:00 a.m. – 3:30 p.m.

Muir Omni Graphics is a second-generation, family-owned business and leading manufacturer of industrial graphics. Since 1963, the company has provided leading manufacturing companies and service organizations with decals, fleet markings, corporate identity labels, and specialty graphics. Our tour will consist of an in-depth look at how the company takes an order and processes it through the production shop. We'll also get a closer look at the pre-press operations and the silk screen printing manufacturing process.

\$35 – includes guided tour, lunch at local restaurant, and shuttle transportation.

12. Advanced Technology Services, Inc. ◆◆◆◆

Tuesday, February 11

8:45 a.m. – 1:30 p.m.

Advanced Technology Services (ATS) provides managed services for factory maintenance, industrial parts services, calibration, and innovative technology solutions such as Machine Health Monitoring. The local, privately-owned company is celebrating its 40th Anniversary in 2025 and has become the leader in outsourced production equipment maintenance. Learn why top heavy equipment manufacturing, automotive, aerospace, and consumer packaged goods companies trust ATS to improve equipment reliability, increase uptime, and facilitate lean manufacturing.

\$35 – includes guided tour, lunch at local restaurant, and shuttle transportation.

13. Maui Jim ◆◆◆◆

Thursday, February, 13

8:45 a.m. – 1:30 p.m.

Now the fastest-growing brand of premium polarized sunglasses in the world, Maui Jim first got its start in the 1980s on the beaches of Lahaina, Hawaii. We'll tour the company's headquarters in Peoria and see firsthand how they engineer their PolarizedPlus2 lenses. We'll get a close-up look at the lab and see employees at work throughout the facility. In addition, Maui Jim staff members will discuss the company's Aloha Spirit philosophy, its move from Hawaii to Peoria, and how the company's 'ohana (family in Hawaiian) has steadily grown into a global tribe of outdoor enthusiasts.

\$35 – includes guided tour, lunch at local restaurant, wine tasting, and shuttle transportation.

14. NFW ◆◆◆◆

Tuesday, February 18

8:45 a.m. – 1:30 p.m.

Natural Fiber Welding (NFW) is a material science innovation company that has created a plastic-free biomaterials platform spanning sheet goods, textiles, molded composites, and foams. NFW follows three ground rules in everything they develop: Start Well. Stay Clean. End Well™. The multi-material platform serves a wide range of industries—from fashion and footwear to automotive and upholstery. NFW technology embeds into existing supply chains, enabling the world's most iconic brands to design and scale products with high-performance, naturally-circular materials. NFW was founded in 2015 and is based in Peoria, Illinois.

\$40 – includes guided tour, lunch at a local restaurant, and shuttle transportation.



OLLI

BRADLEY UNIVERSITY

Traveling Braves

Travel the World with OLLI!

Discover American Heritage May 9 – 16, 2025

This grand historic tour features a two-night stay at The Greenbrier, a classic American resort in the mountains of West Virginia. Relax and unwind on the iconic property while enjoying fabulous dining and traditional pastimes and exploring the storied past of this luxury escape. Be ushered through America's eras: Enjoy a tavern dinner colonial-style, visit Thomas Jefferson's Monticello, step back in time at Colonial Williamsburg, explore a Smithsonian, and more. Experience the grandeur of The Greenbrier amid the West Virginia mountains and explore American history throughout Washington, D.C. and Virginia on a fascinating journey.

*Price: Double: \$5,099
Single: \$6,099

Includes: Roundtrip transportation to Chicago O'Hare, roundtrip air, 8 days, 11 meals, all hotels, transfers, and tours. This price also includes the \$429 cancellation and waiver insurance.

Prices are not guaranteed after 11/2/24.



Croatia and Its Islands September 5 – 16, 2025

From medieval architecture to ethereal waterfalls, coast along the sparkling Adriatic Sea and experience the best of Croatia. Begin your



journey in Zagreb, the illustrious capital of Croatia. Stand in awe before the cascading waterfalls of Krka National Park. Discover the ancient palace of Emperor Diocletian in Split. Enjoy a memorable 7-night cruise on the Adriatic Sea along Croatia's coast aboard a privately chartered ship. On Brac Island, take in the "Golden Cape" of Bol. Visit the island of Biševo, home to the mystical Blue Cave. Tour the Old City of Dubrovnik and walk along the picturesque cobblestone streets. See the country's immaculate beauty as you cruise its vibrant waters and step into its rich history.

*Price: Lower Outside Double: \$6,799
Main Deck Double: \$7,299

Includes: Roundtrip transportation to Chicago O'Hare, roundtrip air, 12 days, 20 meals, all hotels, transfers, and tours. This price also includes the \$599 cancellation and waiver insurance.

***Prices are not guaranteed after 8/6/24.**



Christmas on the Danube December 4 – 14, 2025

Your trip begins in the fairy-tale city of Prague with a panoramic tour through the city before arriving at Hradcany Castle for a stroll across the Charles's Bridge. Visit the beautiful St. Vitus Cathedral and see the iconic statue-lined Charles Bridge. On a boat cruise along the Danube, explore charming Christmas markets and see Europe dressed in its holiday best. Discover Würzburg, an ancient Franconian wine town. Explore Nuremburg, home to one of the oldest and largest Christmas markets in the world. Float through the Wachau Valley, dotted with castles and hillside houses. Visit the 900-year-old Benedictine Melk Abbey, one of Europe's largest Baroque monasteries. Enjoy a Glühwein Party – a German holiday gathering with mulled wine. Join a local expert and explore historic Vienna. Relax as you are transported to beloved riverside towns and delve into local holiday traditions.

*Price: Lower Outside Double Cabin: \$5,248
Middle Outside Double Cabin: \$5,548
Upper Outside Double Cabin: \$6,148
Suite Double Cabin: \$6,548
Includes: Roundtrip transportation to Chicago O'Hare, roundtrip air, 11 days, 21 meals, all hotels, transfers, and tours. This price also includes the \$599 cancellation and waiver insurance.

* Prices are not guaranteed after 11/30/24.

New Zealand's Wonders January 22 – February 9, 2026

From geothermal springs and ice fields to stunning fjords and Maori culture, experience New Zealand at its best. Spend two nights discovering the sun-soaked Bay of Islands. Stand in awe of the giant kauri tree. Spend 2 nights in Christchurch and see how the city is reinventing itself. Admire the ice fields and glaciers surrounding Mt. Cook. Stay in Dunedin, a little slice of Scotland in the South Pacific. Cruise Milford Sound in dramatic Fiordland. Savor a captivating 3-night stay in Queenstown, the "Adventure Capital of the World." The vibrant lifestyle of the Pacific Islands welcomes you.

*Price: Double: \$11,249
Single: \$12,989

Includes: Roundtrip transportation to Chicago O'Hare, roundtrip air, 19 days, 25 meals, all hotels, transfers, and tours. This price also includes the \$699 cancellation and waiver insurance.

***Prices are not guaranteed after 6/17/25.**

Informational Meeting

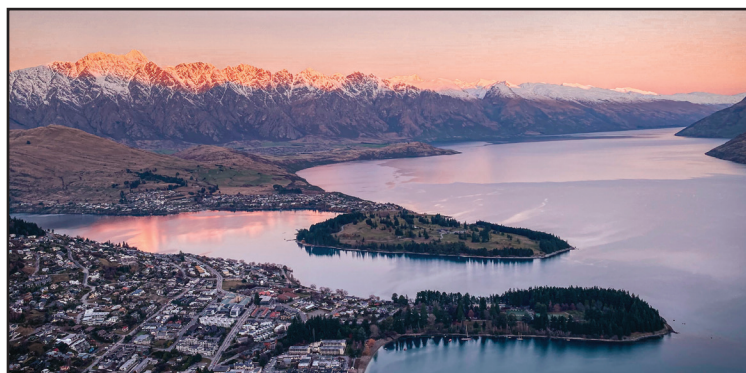
Date: Monday, February 10

Time: 11:00 a.m.

Location: Peoria Next, 801 West Main Street, Peoria

For more information, availability, and current pricing, please call us at 309-677-3900 or email: olli@bradley.edu

*** Prices are not guaranteed after 12/7/24.**



SNEAK PEAK: THE 2026 TRAVELING BRAVES TRIPS!

- Art and History in New York City | June 2026
- Canadian Rockies featuring Rocky Mountaineer | September 2026

Please call 309-677-3900 or email olli@bradley.edu for more information.

TRAVELING BRAVES

OLLI Online programs are run via Zoom and can include Classes, Originals, Study Groups, and Zoom training.

Online Original

**1. Parisian Art of the Belle Époque
With Tour Guide Julie Averbach
Monday, January 13
12:00 – 1:00 p.m.**

Online via Zoom

Immerse yourself in the arts and culture of Paris during the “Golden Age” of the Belle Époque (1870-1914). Tour key landmarks of the period, from the Eiffel Tower to the Moulin Rouge, and explore the birth of artistic movements including Impressionism and Art Nouveau. Julie Averbach holds a B.A. in History of Art and Psychology from Yale University. To date, Julie has led art tours for 5,000+ people from 22 countries. \$15 – A Zoom link will be sent the morning of the event.

Zoom Training

**1. Zoom Refresher online via Zoom
Monday, January 6
12:00 – 1:00 p.m.**

Free! Zoom link will be sent the morning of the program

Online Study Group

**1. Murder & Mayhem
Mondays, February 3 - 24
9:30 – 11:00 a.m.**

Online via Zoom

In this discussion group, we'll explore four of the greatest mystery and thriller books of all time, ranging from timeless classics to modern masterpieces that have defined the genre. Participants will explore key themes such as suspense, unreliable narrators, and unexpected plot twists, while also exchanging personal insights and book recommendations. Participants are highly encouraged to read each book for a richer discussion experience. The reading list will be discussed in the following order: *The Long Goodbye* by Raymond Chandler; *Devil in a Blue Dress* by Walter Mosley; *What the Dead Know* by Laura Lippman; *Turn of the Key* by Ruth Ware. Whether you're new to the genre or a seasoned mystery lover, this group is open to all. \$30 – Facilitated by Pat Landes, retired City of Peoria Planning Director and mystery fan.

Celebrating 30 years of lifelong learning with OLLI!

Pictured, back row, L to R: Kari Fagin, OLLI National Resource Center, John Neidy ILR/OLLI director 1998-2013, Michelle Riggio, OLLI director 2013-2023, Catherine Lawless OLLI director 2023-Present, Janet Lange, Executive Director Emerita of Continuing Education, Front row, Wanda Lane, ILR/OLLI staffer 1994-2013, and Nancy Proehl, ILR director 1994 - 1998.



Giving to OLLI: A Rockin' Success

OLLI's 8th Annual Trivia Night was a fantastic evening with 20 teams, 158 participants and - for the second straight year - a double-tiebreaker ending! The "I Love Rock and Roll" theme inspired some incredibly creative costumes, decorations, and shenanigans by our emcees, Greg Batton, Dan DiOrio, and Yvonne Greer.

With a net revenue of just under \$10,000, the evening generated the funds needed to fully cover the costs of designing, printing, and mailing this brochure. Be sure to save the date for our 9th Annual Trivia Night on Friday, August 15, 2024. The theme is TBD - send us your ideas at olli@bradley.edu.

OLLI thanks our sponsors for their incredible support:

DIAMOND SPONSOR



GOLD SPONSORS



Larry & Deborah Trollope

SILVER SPONSORS



Aaron Kilgore, Agent
309-685-7111
3805 N. Sterling Avenue, Peoria IL
aaron@aaronlyagent.com



Ralph Dalton

Larry & Deb Clay



Not a bank. Better.™



Jeremy & Dawn Kellem

Yvonne Greer, Greg Batton, and Dan Diorio rock on as they emcee OLLI's annual Trivia Night.



School of Rock won best decorated table with their fun and creative theme.

On September 18, 2024, OLLI celebrated its 30 years of excellence in lifelong learning with an anniversary luncheon on Bradley's campus. Nearly 200 members, community leaders, and Bradley faculty and staff attended to celebrate all things OLLI.



OLLI thanks the luncheon sponsors for their recognition of our learning community's milestone:

GOLD SPONSOR

The Office of State Senator David Koehler

SILVER SPONSORS

The Office of State Representative Ryan Spain

The Office of State Representative Jehan Gordon-Booth

Join us for These Volunteer Opportunities

WHO VOLUNTEERS FOR OLLI?

Everyone! OLLI is a member-driven organization guided by dedicated individuals who are passionate about their vision of our lifelong learning community. You don't need any prior experience.

WHY VOLUNTEER FOR OLLI?

OLLI members often comment on the welcoming environment and friendly atmosphere they encounter at our classes, study groups, learning trips and original events. Our members and volunteers are the creative lifeblood in every aspect of our program, each year they collaborate to create these fantastic offerings.

WHAT OLLI VOLUNTEERS ARE SAYING ABOUT THEIR EXPERIENCE:



I volunteer because I always learn something new, meet interesting people, and have made good and lasting friends. OLLI is so special because its programs are driven by volunteers -- the classes and trips and study groups are all suggested and created by OLLI participants. OLLI is the place to be.

• Shelley Epstein



Whether I'm putting up signs or distributing handouts on class days, making friendly phone calls to members, serving on a committee, or facilitating a study group, I'm always surrounded by friends and soon-to-be friends at OLLI.

• Roberta Koscielski



"Volunteering for OLLI is like being part of one big, happy family. Everyone is so friendly, enthusiastic, eager to learn and share. It's always a joy to share our knowledge with such a wonderful group of people.

• Steve and Jayne Richards

Volunteers are the Heart of OLLI



OLLI welcomes everyone to join our volunteer ranks and we have a wide variety of ways to get involved.



A little of your time can make a big difference...

We always need hosts for classes and study groups, parking lot greeters, and members to deliver brochures.

If you have more time to take the next step...

Ready to help coordinate volunteers? We have coordinators act as a liaison between the volunteers and staff for class and study group hosts, art exhibits, and parking lot greeters.

Do you have knowledge or interests you want to share...

OLLI programs are built on our volunteer class instructors and study group facilitators.

Our committees meet throughout the year to plan OLLI programs, no experience or rsvp needed - drop in and join us!

Curriculum Committee Spring 2025

Peoria Next/Zoom hybrid meeting
Wednesdays, October 30, November 13 and 20,
9:00 a.m.

Learning Trip Committee Summer 2025

Peoria Next/Zoom hybrid meeting
Tuesday, January 7, 9:00 a.m.

Study Group Committee Summer 2025

Peoria Next/Zoom hybrid meeting
Thursdays, January 30 and February 20, 12:00 p.m.
NEW TIME

OLLI VOLUNTEERS: THEY GET THE JOB DONE!

OLLI volunteers are the heart and soul of our organization – thank you all very much!

Officers 2024 - 2025

President
Deb Clay

Vice President
Shelley Epstein

Past President
Gary Nelson

Secretary
Roberta Herbst

Treasurer
Rich Radochia

Curriculum Committee

John Amdall,
Co-Chair
Bev Ketel, Co-Chair
Jim Anstett
Sharon Amdall
Al Audo
Laurie Bailey
Tim Bailey
Bob Balagna
Jennifer Bass
John Brady
Rick Burritt
Ben Camacho
Deb Clay
Ralph Dalton
Randy Domenighini
Bernie Drake
John Dust
Joe Emanuel
Roger French
Steve Garrison
Rick Gentry
Rae Anne Hamp
Kay Henz
Rich Henz
Sherry Hillman

Fran Kepler
Lee Maki
Carol Manny
Chris Martin
Janene Mattingly
Janet McGrath
Deborah McQuellin
Cindy Miller
Gary Nelson
Jackie Orren
York Phillips
Diane Rock
Don Samford
Becky Sisk
Mark Stanard
Mary Jane Sterling
Larry Trollope

Study Group Committee

Roberta Koscielski,
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Rob Parks, Co-Chair
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Anne Bergstrom
Becky Carlson
John Cummins

Ralph Dalton
Jane Hense
Jack Huggins
Kay Koch
Lee Maki
John McCabe
Doug McCarty
Patricia Melaik
Cindy Miller
Gary Nelson
Pat Pritchard
Ruth Rademaker
Diane Rock
Don Samford
Mark Stanard
Jenny Tripses
Bob Yonker

Study Group Host Coordinator

Kathleen Kowal

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John Amdall

Sharon Amdall
Bob Balagna
Jennifer Bass
John Brady
Deb Clay
Barb Drake
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Bonni Whalen
Administrative Support

President's Letter

Each fall, I look forward to the cooler air, the spectacular fall colors on the river bluffs, and family bonfires with s'mores. But when it's time for winter, I'm not so welcoming. Some changes seem better than others. Yet winter has its good points. Seeing friends and family during the holidays, a bright red cardinal scratching for food under a blanket of new snow, a good book in front of the fireplace.

As we mature, embracing change doesn't seem to get easier. But maybe the right approach is focusing on the positive.

The staff is working to change registration to a program prioritization process, starting with our Summer 2025 registration in May. Our intent is to ensure each OLLI member gets many of his/her preferred events, while making the process less stressful for both members and staff. We're calling it "no hurry, no worry" registration.

There will be plenty of advance communication and training during the spring of 2025 to help things go smoothly. But as with any change, it may not be perfect at first. After the start of the new year, I hope you will make time to get your questions answered and familiarize yourself with the new process before it is implemented in May 2025. And please hang in there with us through any bumps in the road as we work together to make our OLLI at Bradley even better!



Deb Clay
Deb Clay, OLLI President

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HOW TO REGISTER FOR WINTER PROGRAMS

ONLINE REGISTRATION Opens Wednesday, November 6 at 8:30 a.m.
Brochure will be posted online by Friday, October 25



1. Login starting ONE WEEK PRIOR to registration and purchase your \$5 Winter membership at bradley.edu/olli.
2. Prior to registration, double check your username and password so you are ready to go when registration opens.



3. **IMPORTANT:** you will NOT see the “Add to Cart” button unless you have the \$5 membership in your cart OR have already purchased a Winter 25 membership.
4. To make selections, view ALL Winter Programs or scroll down and click each of the red tiles to view a program category: Classes, Originals, Study Groups, Trips, and Online



5. Once you have finished selecting all of your programs; go to your “cart” icon in upper right corner to check out.



You can mail your registration at any time. Forms will be processed starting Wednesday, November 6, at 8:30 a.m.



To speak with staff about your registration, call (309) 677-3900 after 8:30 a.m. on Thursday, November 7, 2024.

If you would like assistance on how to register online please contact us PRIOR to registration day for a Zoom appointment with staff or a volunteer. Additionally, if you are new to Zoom and would like to learn more, you may call to set up a Zoom training session. Contact: (309) 677-3900 or olli@bradley.edu

CANCELLATION POLICY

OLLI's cancellation policy was designed to encourage our members to carefully consider their personal availability for events. This thoughtful scheduling will allow peers who wish to participate a chance to do so. Extenuating circumstances will be handled on a case-by-case basis. Membership fees are non-refundable.

Classes

- \$10 minimum cancellation fee per person
- The remainder of your class fees will be refunded if you cancel before first day of classes. No refunds will be processed if cancellations are made after the start of classes. Extenuating circumstances will be handled on a case-by-case basis.

Learning Trips

- \$10 minimum cancellation fee
- If you cancel the day before or day of trip, entire fee forfeited
- Local trips: if you cancel and your spot is filled from waitlist, remainder of fee refunded. If you cancel and your spot cannot be filled, entire fee forfeited
- Regional trips: partial refunds may be given, less any expenses prepaid by OLLI
- Multi-day trips will abide by their own cancellation schedule, given at the time of payment.

OLLI Originals and OLLI Online

- OLLI Originals and OLLI Online over \$15 will follow the learning trip cancellation policy. There are no refunds for programs \$15 or under.

Study Groups

- \$10 minimum cancellation fee
- \$35 will be refunded if you cancel at least 7 days before the start of your group
- Entire fee will be forfeited if you cancel less than 7 days before the start of your group

INFORMATION DISCLAIMER:

Opinions expressed in classes, trips, and study groups are those of the presenter and not necessarily those of Bradley University or OLLI. Information provided in OLLI programs is for educational and informational purposes only. In no way should OLLI be considered as offering legal advice, investment advice, health advice, or any related advice on behalf of Bradley University.

WINTER 2025 REGISTRATION

ONE REGISTRATION FORM PER PERSON

Step #1: REGISTRANT INFO

Preferred First Name _____

Last Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

Cell Phone _____

Primary Number (check one) Home Cell

Email _____

*By registering for programs we will automatically add you to OLLI's weekly email and the mailing list for our quarterly catalog.

I am **NEW** to OLLI

I use the online brochure, I do not wish to receive the quarterly printed brochure.

Step #2: ADDITIONAL INFO (optional)

a) Are you a Bradley alum? Yes No

b) Age range: (circle one)

50-59 60-69 70-79 80-89 90-99 100+

c) Can you suggest a place where we might put OLLI brochures in the community? _____

d) My hobbies/interests: _____

e) Areas of expertise I could share with OLLI: _____

f) I'm interested in volunteering for: (check all that apply)

- Class instructor (topic _____)
- Study Group facilitator (topic _____)
- Class Curriculum Committee (choose classes)
- Learning Trip Committee (choose trips)
- Study Group Committee (choose study groups)
- Membership Development Committee (welcome members)
- Class Host (assist class instructors)
- Study Group Host (assist study group facilitators)
- Parking (assist with class park-and-ride)
- Luncheon (assist with decorations)
- Art Exhibits (assist artists at classes)

Step #3: SELECT YOUR PROGRAMS

On pages 29 pick the activities in which you'd like to participate, and total the cost for each.


Step #4: PAYMENT INFORMATION

Winter Seminar	\$ _____ +
Classes Jan. Zoom (1, 2, 3, or 4) . .\$.15.00 x _____ = .	\$ _____ +
Classes Feb. Zoom (1, 2, 3, or 4) . .\$.20.00 x _____ = .	\$ _____ +
Originals	\$ _____ +
Study Groups	\$ _____ +
Learning Trips.	\$ _____ +
OLLI Online	\$ _____ +
OLLI Quarterly Membership Fee*	\$ 5.00 =
TOTAL DUE = \$ _____	

*Paid only once in January & February.

Payment Information

Check (Payable to Bradley University)

DO NOT SEND A CHECK with your initial registration.  If you prefer to pay by check, we will contact you via phone or email with the amount owed after your registration has been processed.

VISA MasterCard Discover American Express

Print name as it appears on card _____

Card Number _____ Exp. Date _____

Signature _____

Card billing address _____

- **If you are registering online**, please visit Bradley.edu/olli Opens Wednesday, November 6 at 8:30 a.m.
- **If you are registering by mail**, please return pages 28-29 to: Bradley University Continuing Education, Attention OLLI, 1501 W. Bradley Avenue, Peoria, IL 61625. You can mail your registration at any time; forms will be processed starting Wednesday, November 6 at 8:30 a.m.
- **To speak with staff about your registration**, please complete pages 28-29, and call (309) 677-3900 after 8:30 a.m. on Thursday, November 7.

Step #5: READ & SIGN WAIVER

Photographs are taken during all OLLI programs. Your membership gives consent for any such photographs to be used for advertising and publicity purposes by Bradley University, its licensees, and/or member organizations, and you waive all claims for compensation for such use or for damages.

All OLLI participants are required to read and sign this assumption of risk, release, and waiver. Your signature confirms that you have read and agree to the cancellation policy, meet the activity level requirements, agree to abide by the safety guidelines of Bradley University staff and each host organization, and recognize and accept the risks and conditions of the classes, study groups, and trips. You acknowledge that participation involves some personal risk. For each trip, you will wear closed-toed shoes and agree to use any other safety equipment required by the host site (including any COVID protocols in place). You will assume the risks and responsibilities regarding your participation and hold Bradley University and its agents harmless.

Signature

Date

WINTER 2025 REGISTRATION

WINTER SEMINAR			
	Winter Seminar	Jan. 16	\$20

CLASSES via ZOOM: January 8, 15, and 22, 2025 \$15 per class; Choose 1, 2, 3, or all 4 times slots.

9:00 - 10:00 a.m.		\$15	
	1. Integrative Health & Wellness Series		
	2. What Was Here Before?		
11:00 a.m. - 12:00 p.m.		\$15	
	3. Global Warming: How Does It Work?		
	4. Nationalism vs Globalism Version 2025		
1:00 - 2:00 p.m.		\$15	
	5. Community Gardens, Growing Vegetables, Flowers, ...		
	6. Dissecting the 2024 Presidential and Congressional ...		
3:00 - 4:00 p.m.		\$15	
	7. Albert Einstein – His Life and Theories (for Dummies)		
	8. Look What I Wrote!		

CLASSES via ZOOM: February 5, 12, 19, and 26, 2025 \$15per class; Choose 1, 2, 3, or all 4 times slots.

9:00 - 10:00 a.m.		\$20	
	1. Margaret Sanger, Rebel Woman		
	2. Nature in Your Home Landscape		
11:00 a.m. - 12:00 p.m.		\$20	
	3. The Early Universe		
	4. Medicare - New and Improved & How Will It Work ...		
1:00 - 2:00 p.m.		\$20	
	5. Who Dat Wanna Learn 'Bout Mardi Gras?		
	6. Uncovering More of Pop Culture's Philosophies		
3:00 - 4:00 p.m.		\$20	
	7. Critical Economics Topics for 2025		
	8. Math in the Movies and on TV		

ORIGINALS

	1. OLLI at the Movies...	Jan. 31	\$5
	2. Peoria Chautauqua Literary...	Feb. 7	\$10
	3. Spotlight on Local Businesses	Feb. 10	FREE
	4. OLLI at the Movies..	Feb. 28	\$5
	5. Startup Pitch Day...	Feb. 21	\$15

MIX AND MINGLE

	1. Johnny's Italian Steakhouse	Feb. 11	FREE
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STUDY GROUPS

	1. Discovering International...	Jan. 6 – 27	\$45
	2. Bridge I with Chuck Young...	Jan. 6 – Feb.24	\$45
	3. Have You Read This ...	Jan. 7 – Mar. 4	\$45
	4. Mah Jongg for Novices	Jan. 7 – Feb. 11	\$45
	5. The Golden Age of Islamic...	Jan. 9 – 30	\$45
	6. A New Look at Citizenship	Jan. 10 – 31	\$45
	7. Dynamic Forces 101	Jan. 14 – Feb. 18	\$45
	8. Lifestyle Lessons from...	Feb. 6 – 27	\$45
	9. Mindful Movement..	Feb. 6 – 27	\$45

LEARNING TRIPS

Activity Level 1			
	1. River Kitty Cafe and Peoria County...	Jan 30	\$40
	2. Hindu Temple of Central Illinois	Feb. 25	\$35
Activity Level 2			
	3. Sophia's Kitchen and St. Joseph's...	Jan. 14	\$35
	4. Easterseals Central Illinois	Jan. 23	\$35
	5. WTVP	Jan. 24	\$35
	6. Heading Avenue Franciscan	Jan. 29	\$35
	7. Advanced Medical Transport	Feb. 3	\$35
	8. Peoria County Courthouse	Feb. 7	\$35
	9. General Wayne A. Downing	Feb. 21	\$35
	10. Snyder Village	Feb. 27	\$35
Activity Level 3			
	11. Muir Omni Graphics	Jan. 28	\$35
	12. Advanced Technology Services	Feb. 11	\$35
	13. Maui Jim	Feb. 13	\$35
	14. NFW	Feb. 18	\$40

ONLINE ORIGINAL

	1. Parisian Art of the Belle...	Jan. 13	\$15
	2. Zoom Training	Jan.6	FREE

ONLINE STUDY GROUP

	4. Murder & Mayhem	Feb. 3	\$30
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ASSISTIVE LISTENING DEVICES

Assistive Listening Devices are available for all programs. Please call (309) 677-3900 for details.

DIETARY CONCERNS

All OLLI programs will provide options for vegan, vegetarian, and gluten-free meals upon request. If you have a dietary issue, please contact our office at (309) 677-3900 at least two weeks before your program, so we can meet your dietary needs.

DRIVING ON TRIPS

We encourage all of our trip participants to use OLLI's shuttle transportation, as many of our trip sites have limited parking and require the group to arrive at one time. Plus, traveling as a group allows for more socializing!

GUESTS/INVITE A FRIEND

If you have a friend who has never been to OLLI classes and would like him or her to attend as your guest for one free session, please contact our office at (309) 677-3900 at least one day in advance so we can have a list of available classes prepared for the visit. It is important to reserve this privilege for those who haven't yet experienced OLLI classes.

PROGRAM DETAILS and PARKING

For all programs, an email will be sent prior to the event regarding specific details on times, location, and parking. For learning trips, we provide reserved parking in the CampusTown Shopping Center, 1200 W. Main. Study groups meet at locations throughout the Peoria area and have ample parking.



SCHOLARSHIPS

OLLI class scholarships are available for persons who cannot afford membership fees, but who have an interest in learning and wish to participate. To request a confidential scholarship application, please contact Catherine Lawless, Associate Director of Continuing Education at clawless@bradley.edu or call her at (309) 677-3900.

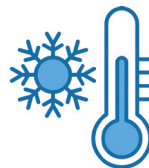
PHOTOGRAPHY

Photographs are taken during all OLLI programs. Your registration gives consent for any such photographs to be used for advertising and publicity purposes by Bradley University, its licensees, and/or member organizations, and you waive all claims for compensation for such use or for damages.

WAITLISTS

Many of our programs, especially learning trips, fill quickly. If you find a program full at the time of your registration, please ask to be placed on a waitlist so you can be called when another member cancels or if we are able to increase the program's seating capacity.

WEATHER



In the rare case that Bradley University is closed due to inclement weather, all OLLI programs scheduled for that day will also be cancelled. Please watch for an email from the office for updated information on potential cancellations due to winter weather. Call the office if you have any questions (309) 677-3900.

Members of the OLLI Executive Committee extend a warm welcome, inviting you to join the vibrant OLLI community!



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NEVER STOP LEARNING!

SPEND A LIFETIME OF DISCOVERY WITH THE PEORIA RIVERFRONT MUSEUM.

The Peoria Riverfront Museum offers several programs that will interest and inform, including:

SENIOR MORNING

Every third Wednesday of the month, Seniors 60+ enjoy all exhibitions and daytime Planetarium shows FREE of charge.

ACCESS FOR ALL

Through Art Bridges Foundation's Access for All program, admission to the Peoria Riverfront Museum is FREE every second Sunday of the month!

VOLUNTEER

Give back to your community while enjoying a fun atmosphere with like-minded people when you volunteer at the Peoria Riverfront Museum! No matter where your talents or interests lie, there's a place for you.

PEORIA RIVERFRONT MUSEUM

222 SW Washington St, Peoria, IL 61602